

What Is

ZUMBA



'WOW' Zumba Fun

Get ready to experience the ultimate dance party with our WOW Zumba class at Jdance! This class is all about fun, energy, and grooving to the hottest tunes straight from the charts. In our WOW Zumba class, we offer a unique blend of contemporary dance styles with a focus on age-appropriate video clip-style choreography. Our talented instructors will guide you through high-energy dance routines that are both challenging and exciting.

What sets our Zumba class apart is that we love to keep things fresh and dynamic. We take music requests from our participants, ensuring that the playlist is always up-to-date and caters to everyone's preferences. But that's not all! Our owner and principal, Jenny, is not only a certified Zumba instructor but also a skilled choreographer. She creates personalized dances for participants on their birthdays, making each class a truly unforgettable experience.

To enhance the club-like atmosphere, we incorporate flashing disco lights into our Zumba sessions. The vibrant lights add an extra element of excitement and create a pulsating ambiance that will make you feel like you're dancing the night away in a trendy nightclub.

So, whether you're a seasoned dancer or just starting your dance journey, our WOW Zumba class is the perfect way to let loose, have fun, and get fit. Get ready to sweat, groove, and unleash your inner dance superstar in this exhilarating and high-energy dance experience!

At Jdance offer the flexibility of casual drop-in classes for our WOW Zumba sessions. We understand that everyone has a busy schedule and may not be able to commit to a long-term dance program. With our casual class option, you have the freedom to pay per class without any commitment. Whether you want to join us for a one-time session or attend sporadically, you can simply drop in and join the fun whenever it suits you. This flexibility allows you to experience the excitement and energy of our WOW Zumba class without any obligations. So, if you're looking for a dance class that fits seamlessly into your lifestyle, our casual drop-in option is perfect for you.

Join us whenever you're in the mood for a dance party and let us take you on a journey of music, movement, and pure exhilaration. Get ready to unleash your inner dancer and feel the joy of Zumba in a relaxed and commitment-free environment at Jdance.